

# PUBLIC HEALTH MEDICINE



NEW ZEALAND COLLEGE  
OF PUBLIC HEALTH MEDICINE

# WHAT IS PUBLIC HEALTH MEDICINE?

Public health is the **science and art of protecting and improving the health of communities** through education, promotion of healthy lifestyles, and research for disease and injury prevention.

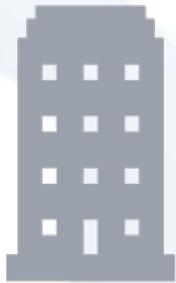


Public health works to **prevent health problems before they occur**



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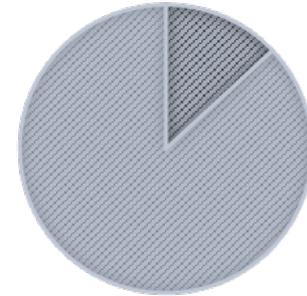
# NEW ZEALAND COLLEGE OF PUBLIC HEALTH MEDICINE



The College was  
established in  
2008



NZ doctors with  
specific expertise  
and interest in the  
practice of PHM



Membership  
includes around  
200 specialists and  
30 registrars



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*Our vision...*  
*Health and Equity for all*

We strive to achieve this through our CORE FUNCTIONS which are...

- Advancing public health medicine through education and member services
- Improving health and health equity in Aotearoa New Zealand

# CORE BUSINESS INCLUDES

- Public health advocacy and policy development
- Setting standards for training PHMS in NZ
- Design and deliver the NZ training programme for public health medicine
- Administer a recertification programme for Public Health in NZ



# A PRESCRIPTION FOR HEALTH AND EQUITY FOR ALL

NZCPHM's 10 identified priorities for the health sector are:

1. Rapidly protect our climate
2. Achieve health equity and advance Māori health and Pacific Peoples' health
3. Eliminate child poverty, ensure child health and address the environmental causes of childhood obesity
4. Safeguard and enhance mental health and wellbeing
5. Reduce harm from alcohol consumption
6. Make New Zealand smoke-free by 2025
7. Guarantee the quality and quantity of New Zealand's housing
8. Tackle antimicrobial resistance
9. Restore the quality of New Zealand's freshwater
10. Invest in public health infrastructure and the public health medicine workforce

# NZCPHM POLICIES

- Alcohol
- Antimicrobial Resistance
- Childhood Obesity
- Child Poverty
- Choosing Wisely
- Climate Change
- First 1000 Days of Life
- Health as an Investment
- Health Equity
- Housing
- Immunisation
- Māori Health
- Mental Health
- Nuclear Disarmament
- Pacific Peoples' Health
- Physical Activity and Health
- Public Health as an Investment
- Rheumatic Fever
- Screening
- Sustainability
- Tobacco Control
- Trans Pacific Partnership
- Transport
- Water Fluoridation



# COMMON ROLES IN NEW ZEALAND

- **Medical Officer of Health:** Works alongside other public health professionals to protect and promote the health of the community. This role includes regulatory function and is based within a Public Health Unit within a DHB.
- **Advisors:** On a variety of regulatory and health matters includes service development and planning of programmes
- **Leadership and management:** Focus on population health based services, e.g. DHB CEO, Clinical Director
- **Funding and planning:** Based within DHBs and focussed on the needs assessment, plans and processes, prioritisation and allocative decision making
- **Research and teaching:** Roles requiring a high level of academic expertise



# NZCPHM TRAINING PROGRAMME

The training programme is designed, delivered and administered by the NZCPHM and funded by Te Whatu Ora - Workforce New Zealand

- **Basic Training (16 months)**  
Completion of Master in Public Health(as prescribed by the College)
- **Advanced training (29 months)**  
Undertaken vocationally at three or more work sites to develop a defined set of Core Skills and Competencies



**Dr Ainsleigh Laumatia**

- Commenced training 2021

**Why did Ainsleigh choose public health?**

"With a skill base aimed at creating broad-scale change, a career in public health allows me to combine my passion for Pacific and Indigenous health equity, global surgery, workforce representation, and so much more."

# PROMINENT NZCPHM FELLOWS



Prof Papaarangi Reid  
Tumuaki, Deputy Dean Māori & Head  
of Dept, Te Kupenga Hauora Māori



Assoc Prof Collin Tukuitonga  
Associate Dean (Pacific),  
University of Auckland



Dr Julia Peters  
Past Clinical Director, Auckland  
Regional Public Health Service



Dr Ashley Bloomfield  
Director-General of Health, MoH



Dr Ramon Pink  
Clinical Director, Community  
and Public Health. Medical  
Officer of Health, Canterbury



Dr Dale Bramley  
Chief Executive Officer, Waitematā DHB



Dr William Rainger  
Director and Medical Officer of  
Health, Auckland Regional Public  
Health Service



Dr Caroline McElnay  
Director of Public Health, MoH



Dr Scott Metcalfe  
Chief Advisor Population Medicine,  
Deputy Medical Director, PHARMAC

# COLLEGE COUNCIL



NZCPHM President:  
Collin Tukuitonga

**Finance & Risk Committee Chair**  
Matthew Reid



Public Health Medicine Specialist, Planning & Funding at Canterbury District Health Board

**Policy Committee Chair**  
Anna Stevenson



Public Health Physician & Medical Officer of Health at Canterbury District Health Board

**Education & Training Committee Chair**  
Rachael McLean



Associate Professor Epidemiology Department of Preventive & Social Medicine at University of Otago

**Māori Member on Council**  
Stephen Palmer



Public Health Medicine Specialist at Regional Public Health, Hutt Valley

**Registrar Committee Chair**  
Hilary Baird



Public Health Medicine Registrar at Te Whatu Ora Counties Manukau

**Pacific Council Member**  
Aumea Herman



Director of Pacific Health at Waitemata District Health Board

**Member who has been a Fellow for less than four years**  
Bridget Wilson



National Public Health Service Medical officer of health

Creating leaders in health....



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