

CLIMATE PROTECTION



RAPIDLY PROTECT OUR CLIMATE

Generate urgent action from the public, institutions, and government to address climate destruction across society, fairly.

HEALTH EQUITY, MĀORI HEALTH AND PACIFIC PEOPLE'S HEALTH



ACHIEVE HEALTH EQUITY

Take a whole-of-government approach to address and invest in the societal determinants of health, in order to improve health and eliminate health inequities.

ADVANCE MĀORI HEALTH

Prioritise improving Māori health and achieving health equity for Māori as a focus for all the health and disability sector and all government policy and action.

ADVANCE PACIFIC PEOPLES' HEALTH

Prioritise the health of Pacific people in New Zealand – and partner to improve the health of other Pacific countries.

MENTAL HEALTH



SAFEGUARD AND ENHANCE MENTAL HEALTH AND WELLBEING

Adopt a public health approach to mental health that addresses the socioeconomic determinants of mental health and promotes the prevention, effective treatment, care and recovery from mental illness, with a particular focus on achieving equity in mental health outcomes.

ALCOHOL REGULATION AND ILLICIT DRUG CONTROL



REDUCE HARM FROM ALCOHOL CONSUMPTION

Strengthen existing measures to change New Zealand's drinking culture and substantially reduce the hazardous consumption of alcohol.

CHILD POVERTY AND HEALTH, INCLUDING ADDRESSING THE ENVIRONMENTAL CAUSES OF CHILDHOOD OBESITY



ELIMINATE CHILD POVERTY AND ENSURE CHILD HEALTH

Significantly accelerate work towards reducing child poverty to meet the national child poverty reduction targets set under the Child Poverty Reduction Act 2018, and ensure effective monitoring and reporting on outcomes.

ADDRESS THE ENVIRONMENTAL CAUSES OF CHILDHOOD OBESITY

Take leadership and commit further to tackling the environmental causes of childhood obesity with legislative, fiscal and educational/awareness actions, and coordinate policy across all government sectors and institutions.

The New Zealand College of Public Health Medicine's prescription for health and equity

The College's vision is a fair and healthy Aotearoa New Zealand, where each one of us, of any ethnic identity or culture and in paid work or not, can easily connect with friends and loved ones, live in a safe healthy home, be physically active most days as bodily able, rest and recreate, eat mostly plants, give their best in their homes, communities, workplaces and learning, and be well supported by health services and each other.

This is where the four physical, emotional, social and spiritual cornerstones of our hauora where stand in a healthy environment, which includes atmospheric warming kept below 1.5°C, freshwater protected and plentiful, and antimicrobial resistance avoided.

FRESHWATER QUALITY



RESTORE THE QUALITY OF NEW ZEALAND'S FRESHWATER

Prioritise actions to restore the quality of potable and recreational freshwater, and the management of wetlands and freshwater systems, including adequate resourcing of the workforce responsible for freshwater monitoring.

TOBACCO



GET NEW ZEALAND SMOKE-FREE BY 2025

Urgently adopt the Smokefree 2025 action plan, including specific measures to ensure that Smokefree 2025 is achieved for Māori and Pacific peoples.

HOUSING



GUARANTEE THE QUALITY AND QUANTITY OF NEW ZEALAND'S HOUSING

Support and expand housing initiatives and reforms that transform housing quantity and quality, especially for the most vulnerable in our population, so that everyone can afford to live in a healthy home.

TACKLE ANTIMICROBIAL RESISTANCE



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Recognise antimicrobial stewardship as a national public health priority, requiring widespread commitment and leadership from human, animal and agricultural sectors in New Zealand, working together.

PUBLIC HEALTH INFRASTRUCTURE



INVEST IN PUBLIC HEALTH INFRASTRUCTURE AND THE PUBLIC HEALTH MEDICINE WORKFORCE

Enhance public health infrastructure and invest in the PHMS workforce, to ensure New Zealand is adequately prepared to address public health challenges.

WHO ARE WE?

The NZCPHM represents the medical speciality of public health medicine in New Zealand.

Public health medicine is defined as the branch of medicine concerned with the epidemiological analysis of the health and health care of populations and population groups. It involves the assessment of population health and health care needs, the development of policy and strategy, health promotion, the control and prevention of disease, and the organisation of services.

Public health is focussed on achieving health equity across ethnic, socioeconomic, age, and cultural groups, and promoting environments in which everyone can be healthy.

For further information, see our full Prescription for Health and Equity document, as well as the other policies available on our website www.nzcpm.org.nz